

Historic Foodways Society of the Delaware Valley presents:

Let's Churn, Clarify and Chew the Fat:

**Stories behind our long love affair with butter and ghee
and our short flirtation with margarine and Crisco**

Date: September 23, 2018, 11 a.m. -2 p.m.

Place: Washington Crossing State Park, Visitors' Center
1112 River Road, Washington Crossing, Pa. 18977



Join us to hear butter aficionado and fifth-generation ghee manufacturer, Sandeep Agarwal tell us about the history of butter; why ghee – clarified butter, is so popular in India; and explain our one-time fascination with hydrogenated fat products like margarine and Crisco. He will also display and discuss a number of his historic dairy artifacts – including butter stamps, churns and oleo promotions – all collected as part of his traveling *Butterworld Exhibition*.

We will churn and taste our own butter and compare a variety of butters and ghees. Bring a bag lunch to enjoy at the historic site located right on the Delaware River. Following the program, tours of the site by our very own Connie Unangst will be available for no additional fee.

Sandeep Agarwal is the co-founder of Princeton, N.J.-based Pure Indian Foods, which makes grass fed, organic ghee and sells traditional organic Indian foods. He is also the founder and chief curator of ButterWorld, a traveling exhibition showcasing unique, rare and historical dairy artifacts from around the world. His interest in dairy history grew out of his family's fifth-generation ghee business (started by his great-great-grandfather in 1889) and the culturally significant role that dairy plays within his Indian heritage. He brought the Ayurvedic Medicinal Ghee concept to a culinary level by introducing unique herb/spiced ghee products sold as food, which has been recognized by *The New York Times*. Sandeep is a graduate of David Winston's Center for Herbal Studies' two-year herbalist training program and one-year graduate program. He has spoken at symposia in the United States and India.



\$25 for HFSDV members or \$35 for non-members. Click here to Register via [EVENTBRITE LINK](#) (there is an \$3.45 additional fee)
Or mail attached form and check

Deadline for registration is Sept 10. Limited Seating available.

Names of Members: _____ Phone Number: _____

Member (s) @\$25 x _____ = _____ Guest (s) @\$35 x _____ = _____

Total enclosed \$ _____ Guest Names _____

Make Check payable to HFSDV. Mail to Mark Trozzi, HFSDV Treasurer, 4 Ardmoor Lane,
Chadds Ford, Pa 19317

Questions: Dantasticfoodstyling@gmail.com or 267-261-7369

www.historicfoodways.org